

# **MI-WIC POLICY**

## ***Food Package***

7.0 Food Package

*Effective Date: 8/1/09*

7.03 Food Package for Qualifying Conditions

**Exhibit 7.03A** Instructions for Michigan WIC Medical Documentation

### **Medical Documentation Forms**

**A health care provider's prescription form will not be accepted as a replacement for these forms.**

For a woman, complete the Medical Documentation for WIC Formula and Authorized WIC Foods for Pregnant, Breastfeeding and Non-Lactating Postpartum Women (DCH-1327).

For an infant or child, complete the Medical Documentation for WIC Formula and Authorized WIC Foods for Infants and Children (DCH-1326).

### **Written Confirmation**

Medical Documentation must be written and may be provided to the WIC clinic as an original written document or a faxed copy. Only when absolutely necessary, a telephone order to a WIC Competent Professional Authority (CPA) containing all required information may be used. Written confirmation must be provided to the local clinic within two weeks.

### **Medical documentation must be completed for the following situations:**

1. Women and children over 24 months of age who receive a WIC Class II or Class III formula, and need to have whole milk substituted for lower fat milks (2% or less) due to a qualifying medical condition.
2. Women and children who require additional cheese greater than the amount allowed in the maximum food package. One (1) lb of cheese must be substituted for 3 quarts of milk in all cases.

Maximum Monthly Milk/Cheese Substitutions  
Requiring Medical Documentation for Women

Women - Exclusively Breastfeeding (up to 1 year)	Women – Pregnant and Partially Breastfeeding (up to 1 year postpartum)	Women - Nonlactating Postpartum (up to 6 months postpartum)
4 lb cheese + 15 qt. milk	2 lb cheese + 16 qt. milk	2 lb cheese + 10 qt. milk
OR	OR	OR
5 lb cheese + 12 qt. milk	3 lb cheese + 13 qt. milk	3 lb cheese + 7 qt. milk
OR	OR	OR
6 lb cheese + 9 qt. milk	4 lb cheese + 10 qt. milk	4 lb cheese + 4 qt. of milk
OR	OR	OR
7 lb cheese + 6 qt. milk	5 lb cheese + 7 qt. milk	5 lb cheese + 1 qt. milk
OR	OR	
8 lb cheese + 3 qt. milk	6 lb cheese + 4 qt. milk	
	OR	
	7 lb cheese + 1 qt. milk	

Maximum Monthly Milk/Cheese Substitutions  
Requiring Medical Documentation for Children

Children - 1 through 4 years
2 lb cheese + 10 qt. milk
OR
3 lb cheese + 7 qt. milk
OR
4 lb cheese + 4 qt. milk
OR
5 lb cheese + 1 qt. milk

- 3. Women, infants, and children with a qualifying condition requiring an exempt infant formula or WIC-eligible medical food.

The Michigan WIC Program contracts with a formula company to provide a specific brand of iron-fortified infant formulas. Enfamil LIPIL with Iron, Prosobee LIPIL with Iron, Enfamil Gentlease LIPIL and Enfamil AR LIPIL are the contract brand formulas (Class I) provided by the Michigan WIC Program which do not require medical documentation for infants. All other formulas require medical documentation prior to benefit issuance.

Qualifying conditions include but are not limited to:

- Premature birth
- Low birth weight
- Failure to thrive
- Inborn errors of metabolism and metabolic disorders
- Gastrointestinal disorders
- Malabsorption syndromes
- Immune system disorders
- Severe food allergies that require an elemental diet
- Life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption or utilization of nutrients that could adversely affect nutritional status

4. Children with a qualifying condition requiring a Class I formula (contract brands).
5. Women, infants (6-11 months), and children with a qualifying condition and receiving WIC formula may also receive supplemental foods with medical documentation. See the medical documentation forms for amounts of WIC formula and types and amounts of supplemental foods authorized by Michigan WIC (DCH-1326 and DCH-1327).

If you have any questions or comments regarding medical documentation requirements or completing the forms, please call your local WIC clinic.