SCH Health Fair

Corrina Schmidt at Blue Cross booth

Gerald and Rosalee at their soap booth

(continued from front page)

Sponsor and organ-
izer, Tinman Community Hospital, promoted their plain-language summary of financial assistance
should you need care. The
document is online at
www.tinmanhospital.co-
mo. While all 24 booths
were visited, it is not pos-
sible to feature them all,
specific topics and
booths were selected.

One booth, manned
by Christine
Mnte-
Muzza, featured a list
of “Parks with Playgrounds
in Macomb County,”
displaying information
on what you can do in all 38
summer parks. Programs
like “Meet up
and Eat Up” are
available.

Patti Orlando’s booth, Michigan Organ
Donor Registry, was a wealth of information on
transplant and organ donation.

“Let your family
know,” she
said, “the first
24 hours after death is
the critical time when family
is reluctant to deal with the
issue during grief. Your
doctor’s license is a perma-
nent registry.” Donors up
to age 100 have been
accepted and the Blind Uer
for the first time. “While organs are used,” she
continued, “tissue is the most
sought after.” Detailed
information is online at
www.gifhs.htm.org/organ.

Patti added, “Regener-
ing is a donor does not af-
ear your medical care or
use up your family.”

Blue Cross/Blue
Shield and Blue Cross Net-
work featured a display of
how much sugar, salt and
fat is in various drinks,
foods and baked goods.
Levels are surprising.
Corrina Schmidt
discussed changes in insur-
ance and suggested visiting with providers to
have the latest and best
information as Congress
grapples with changes in
health-care law.

Joy Lobert at a She-
dan Community Hospital
booth, along with Mary
McDaniel and Katie
Anderson, explained
Medicare and answered
questions. Lisa Lafferty, a
34-year veteran at the Hos-
tial, took questions about
heart disease and ex-
plained their work in the
Cardiology field.

Another booth had
important information for
people who believe they
do not have dental cover-
age. The MCD or “My
Community Dental Cen-
ter” related facts that
mean you may have dental
care available, and con-
tacting them can answer
your questions. A number
of 877-311-6232 was
given, along with website
www.myachtal.org. “We
encourage children begin-
sing a dentist by age
even if they’re not,” was
asked.

“The goal was to
educate,” Rosalee Hall
of St. Mary said. “My
parents told me no, you can’t
grow a goat and my hus-
band, Gerald, said the
same thing. But one day
the wild goose stood there
on the front porch, and the
next day was there again.”
Rosalee continued telling
how her parents were duty
farmed, and how she
planned on using goose
milk in a soap recipe, but
couldn’t until this wild
geese came to the mirror-like
front door. Now, after taking on a
herd of geese and with as-
sistance from a neighbor, they
have “Reservoir Ranch” that
produces a blend of healthy-scented
soap with goat’s milk, usedy cancer patients to
refract skin.

“Hiding’s Got Tal-
ant” competition was pro-
ounced for September,
raised at 3:00 p.m. for
precious and Monday the
about 100 under the same
town downtown building.
The $500 top prize is
likely to attract many en-
trees. Registration is at
www.heldlinghammon.org.

The tour concluded
with a visit with staff at
Mountain Community
College. Information re-
garding youth and adult
education can be found at
www.mtn.cc. Mountain
Lake summer camps are avail-
able as well that cover a wide range of topics
and enrollment is now.

It was easy spending
two hours at the Health
Fair, looking at products
from jewelry to diet infor-
mation and enjoying prices
and giveaways. The event
was held 10 a.m. - 3 p.m.