

STATE BRIEF**Michigan offering free tobacco-quitting items through May**

The Michigan Department of Health and Human Services has announced its nicotine replacement therapy (NRT) has been expanded to all Michigan residents until Thursday, May 31.

The Michigan Tobacco Quitline will offer a free two-week supply of nicotine gum, patches or lozenges for new enrollees who call (800) QUIT-NOW (784-8669). Enrollment is available 24 hours a day, according to the MDHHS.

Callers must be over 18 and meet basic health requirements. Enrollees will also receive a coach who will assist them in setting a quit date, choosing which nicotine replacement is right for them, and making an individualized



METRO CREATIVE CONNECTION

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quit plan.

The Quitline offers English, Arabic and Spanish-speaking counselors, and interpretive services for other languages.

Learn more about the Quitline at www.michigan.gov/tobacco.

— *Brian Johnston,*
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