

FOR IMMEDIATE RELEASE: 12-11-19

www.mmdhd.org



## Wear One



Ithaca, Stanton, St. Johns- The Mid-Michigan District Health Department (MMDHD) is teaming up with the statewide *Wear One* campaign to increase free condom availability, create awareness, and promote acceptance of condom use in individuals ages 18 to 24.

Originally launched by the Ottawa County Department of Health in 2014, the program aims to decrease rates of sexually transmitted infections (STIs) and unplanned pregnancies and create a consistent, positive sexual health message by removing barriers like cost, embarrassment and lack of access.

MMDHD is partnering with area businesses to provide *Wear One* packets in locations where young people shop, eat, and receive services. Current *Wear One* locations include: Highland Blush in Alma, Alma Brewing Company, the Eagles Nest in Carson City, the Montcalm Area Health Center in Greenville, and MMDHD offices in St. Johns, Ithaca and Stanton.

Male condoms are one of the most popular forms of birth control, with an effective rate of over 95% when used correctly and consistently. They protect against STI's and don't require a prescription. Each *Wear One* bag includes 10 condoms, lubricant, and information on MMDHD family planning services, participating locations, and proper condom use.

For more information on the *Wear One* campaign, contact Cheryl Thelen, Health Educator, at (989) 831-3634 or visit [www.mmdhd.org/clinic/fam](http://www.mmdhd.org/clinic/fam). Information on the statewide *Wear One* campaign can be found at [www.miOttawa.org/WearOne](http://www.miOttawa.org/WearOne).

*Mid-Michigan District Health Department serves the residents of Clinton, Gratiot and Montcalm Counties.  
We take action to protect, maintain and improve the health of our community.  
Advancing innovative solutions to achieve healthier outcomes*

###