

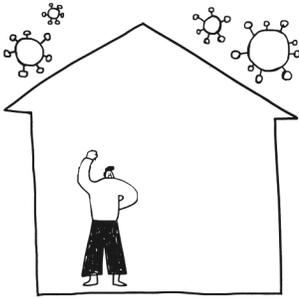
COVID-19 Quarantine & Isolation

QUARANTINE

Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick with COVID-19

ISOLATION

Isolation separates sick people with a contagious disease, such as COVID-19, from people who are not sick with COVID-19.



Why are isolation and quarantine important?

These practices are the tools we have in our toolbox to slow the spread of COVID-19, which is easily spread between people. Testing needs to be coupled with plans for isolation or quarantine.

Where should you quarantine or isolate?

Ideally, you should separate yourself from others who are not sick, including family members, in a separate room for the time period your doctor or the health department recommends. You should be in a safe, supportive environment with access to food and your medications.

What if you do not have a place to quarantine or isolate from others?

Contact Calhoun County Public Health Department at 269-969-6990 or 2-1-1 for assistance.

How does the health department help protect your privacy?

Your test result is protected health information under federal law. The health department reaches out to others who may have had close contact with a person with known or suspected COVID-19 to prevent the spread of disease.

Employers are involved only if necessary to stop the spread of disease among other employees.

The health department does not inform law enforcement about your test results or other information about you. The Health Department will never ask about immigration documentation status. First responders are only informed about whether they were possibly exposed while working.



Mid-Michigan District
HEALTH DEPARTMENT

CLINTON • GRATIOT • MONTCALM

About COVID-19 Test Results

If I test POSITIVE:

The health department's role is to help stop the spread of disease. When you test positive for COVID-19, the health department will contact you to provide education and to make recommendations about quarantine or isolation.

If I DON'T have COVID-19:

The health department reaches out to persons determined to be in close contact with someone with COVID-19. Recommendations are then made to help prevent the spread of disease in order to keep others healthy. Even if you don't have COVID-19, the health department may still reach out to you.

POSITIVE RESULT

WITH SYMPTOMS

Your doctor and the public health department will likely recommend you isolate or separate yourself from others. Timing of isolation is based on your symptoms, whether you are improving, and when your symptoms started.

WITHOUT SYMPTOMS

Your doctor and the public health department will likely recommend you isolate or separate yourself from others. Recommendations may change if you develop symptoms. If you have had COVID-19 symptoms or a previous positive test, your doctor will interpret the test result before a recommendation is made to isolate or separate yourself from others.

NEGATIVE RESULT

WITH SYMPTOMS

You probably were not infected at the time your specimen was collected. However, that does not mean you will not get sick. It is possible that you were very early in your infection when your specimen was collected and that you could test positive later. Or you could be exposed later and then develop illness. In other words, a negative test result does not rule out getting sick later.

WITHOUT SYMPTOMS

You probably were not infected at the time your specimen was collected. However, that does not mean you will not get sick. It is possible that you were very early in your infection when your specimen was collected and that you could test positive later. Or you could be exposed later and then develop illness. In other words, a negative test result does not rule out getting sick later.