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Health Department to offer free fluoride varnish applications

Stanton, MI- Mid-Michigan District Health Department (MMDHD) will be helping children in Montcalm County start the new year off right with a healthy, happy smile.

Parents with children as young as five months old are encouraged to take advantage of free fluoride varnish applications and limited dental exams being offered by MMDHD to help stop cavities before they start.

This service is open to children of any age, even as young as five months old, as long as they have at least one tooth and have not seen a dentist or had a fluoride varnish treatment within the last year.

The fluoride varnish applications and dental exams will take place on January 13 and February 3 from 8:30 to 4:00 p.m. at Mid-Michigan District Health Department, located at 615 N. State Street in Stanton. These services are free. No appointment is needed.

In addition to receiving a free fluoride varnish application, participants will also receive a free limited dental exam by MMDHDs Oral Health Coordinator and Registered Dental Hygienist, Shelley Treynor. The dental exam is quick and painless and will identify signs of decay or other dental problems.

“Tooth decay is one of the most common diseases in children, but it is preventable,” said Treynor. “I can’t stress enough the importance of good oral health and the role it plays in the overall wellness of a child. Poor dental health can be devastating because cavities are not only painful, but also prevent kids from eating, speaking, sleeping, and learning.”

Fluoride varnish treatments are very effective at protecting teeth from decay. While most kids benefit from the treatments, they are especially beneficial for those who are at-risk for dental decay or those who live in communities without fluoridated water.

Fluoride varnish is a protective coating that is “painted” on the teeth with a small disposable brush. The coating makes the outer layer, or the enamel, harder, helping to prevent cavities and stop cavities that have already started. The process is quick, painless, safe, and effective.

Mid-Michigan District Health Department serves the residents of Clinton, Gratiot, and Montcalm Counties.

*We take action to protect, maintain and improve the health of our community.
Advancing innovative solutions to achieve healthier outcomes*

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