

Lakeview Area News

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Health Department Scheduling COVID-19 Booster Shots

**By Leslie Kinnee, Public Information Officer
Mid-Michigan District Health Department**

Mid-Michigan District Health Department (MMDHD) is administering Moderna, Pfizer, and J&J COVID-19 vaccine boosters by appointment to those who are eligible.

Those who received two doses of the Pfizer or Moderna vaccines are eligible for a booster dose if it has been at least six months after their second dose, and they fall into one of these categories:

- They are 65 and older
- They are 18 and older living in long-term care settings
- They are 18 and older with underlying medical conditions, like obesity, diabetes, high blood pressure, cancer, heart conditions, and more.
- They are 18 and older who work or live in high-risk settings, like first re-

sponders, education staff, childcare workers, food and agriculture workers, manufacturing workers, corrections workers, U.S. Postal Service workers, public transit workers, and grocery store workers.

Those who received the one dose J&J vaccine are eligible for a booster dose if they are at least 18 years of age and it has been at least two months since their initial shot.

Eligible individuals may choose which vaccine they receive as a booster dose. Some may prefer to get the same type of vaccine they originally received, while others may prefer to get a different booster. The CDC's recommendations now allow for this type of mix and match dosing for booster shots. Keep in mind that if you received first and second doses of Moderna or Pfizer and would like a J&J booster, you will need to wait at least 6 months after your second dose. If you received a first dose of J&J and would like a Pfizer or Moderna booster, you need to wait at least 2 months after your initial

dose.

MMDHD continues to administer first and second doses of Moderna (18 years of age and older), J&J (18 years of age and older) and Pfizer (12 years of age and older). MMDHD is also administering an additional third dose of Moderna or Pfizer to those who are moderately or severely immunocompromised. This additional dose can be given 28 days after the second dose in the primary series.

If you would like to make an appointment to get a COVID-19 vaccination at Mid-Michigan District Health Department, call one of our branch offices and select "option 5".

The COVID-19 vaccine is also available at many other locations, including many pharmacies and physician offices. For a complete list of COVID-19 vaccine locations near you, visit www.vaccines.gov.

For more information, please visit www.mmdhd.org.

