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**Walk-In Flu & COVID-19 Clinics at MMDHD**

**St. Johns, Stanton, Ithaca, MI** – The Mid-Michigan District Health Department (MMDHD) is reminding residents of the upcoming respiratory illness season and highlighting the importance of receiving an annual flu shot. Per the CDC, everyone 6 months and older in the United States should get the updated flu and COVID-19 vaccines.

MMDHD Health Officer, Liz Braddock says, “Vaccinations are still the best way to reduce your risk of complication from severe infection, as well as protecting those around you. Even if you’ve never received a COVID-19 vaccine, it’s never too late to get vaccinated.”

MMDHD is assisting in making flu and COVID-19 shots easily accessible by providing 3 walk-in vaccination clinics in October. A clinic will be held at all 3 MMDHD locations in Clinton, Gratiot, and Montcalm Counties. The dates, times, and addresses are listed below:

- **Gratiot County, 151 Commerce Drive, Ithaca, MI**
  - October 8, 2024 - 8:30am-12:00pm & 12:30pm-3:00pm
- **Montcalm County, 615 N. State Street, Stanton, MI**
  - October 11, 2024 - 8:30am-12:00pm & 12:30pm-3:00pm
- **Clinton County, 1307 E. Townsend Road, St. Johns, MI**
  - October 18, 2024 - 9:00am-12:00pm & 12:30pm-3:00pm

Flu and COVID-19 vaccines will be available for everyone ages 6 months and up, as supplies last. No appointment is necessary on these days, though a valid ID and proof of insurance will be required. Most insurances are accepted. For those without insurance coverage, there is a sliding fee schedule available. MMDHD also participates in ‘Vaccines for Children’ that offers no cost flu vaccines.

Walk-In Flu & COVID-19 vaccine clinics serve as a convenient way to get vaccinated ahead of the upcoming respiratory illness season. The exact timing and length of the flu season varies, but flu activity often begins to increase in October.

To learn more about immunizations at MMDHD, visit: [www.mmdhd.org/immunizations](http://www.mmdhd.org/immunizations)

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*The Mid-Michigan District Health Department has proudly served the residents of Clinton, Gratiot, and Montcalm Counties since 1966. We take action to protect, maintain and improve the health of our community.*