

CLINTON OFFICE

1307 E. Townsend Rd.
Saint Johns, MI 48879-9036
(989) 224-2195

GRATIOT OFFICE

151 Commerce Dr.
Ithaca, MI 48847-1627
(989) 875-3681

MONTCALM OFFICE

615 N. State St.
Stanton, MI 48888-9702
(989) 831-5237

BOARD OF HEALTH:

Bruce DeLong
Nicole Fickes

George Bailey
Steven Sopocy

Adam Petersen
Matt Murray

MID-MICHIGAN DISTRICT HEALTH DEPARTMENT (MMDHD)
BOARD OF HEALTH
REGULAR MEETING
at
Clinton Office, St. Johns, Michigan
Conference Rooms A & B

Wednesday, November 26, 2025
9:00 a.m.

AGENDA

We take action to protect, maintain, and improve the health of our community.

Pledge of Allegiance

A. AGENDA NOTES, REVIEW, AND REVISIONS:

1.

B. CONSENT ITEMS:

1. Meeting Minutes

- a. Michigan Association for Local Public Health (MALPH) Board of Directors Meeting held October 27, 2025 – **Not Available.**
- b. Mid-Michigan District Board of Health (BOH) Meeting held October 22, 2025– **Included.**

2. Communications

- a. Local Sharing Grant Award Notice – **Included.**
- b. Local Community Stabilization Authority – **Included.**

C. PUBLIC COMMENTS:

Limit three minutes per person

D. BRANCH OFFICE EMPLOYEES:

E. COMMITTEE REPORTS:

1. Finance Committee: George Bailey, Chair
 - a. MMDHD Expenses for October 5 through November 15, 2025 – **Included.**
 - b. MMDHD's Monthly Balance Sheet, Revenue and Expenditure Report for September 2025 – **Included.**
2. Personnel Committee: Nicole Fickes, Chair
3. Program Committee: Matt Murray, Chair

F. MEDICAL DIRECTOR'S REPORT: Jennifer Morse, M.D., MPH, FAAFP

1. Staying Healthy During the Holiday Gatherings– **Included.**

G. HEALTH OFFICER'S REPORT: Mari E. (Liz) Braddock

1. Agency Recognition – **Included.**
2. Fluoride in drinking water
3. Agreements Signed, October 17– November 19, 2025– **Included.**

H. OLD BUSINESS:

I. NEW BUSINESS:

1. Schedule January's Organizational Meeting.
 - a. Emerging Issues

J. LEGISLATIVE ACTION:

K. INFORMATIONAL ITEMS: – **Included.**

1. Mid-Michigan District BOH Action Items, October 2025 – **Included.**
2. MMDHD Staffing Report – **Included.**

L. RELATED NEWS ARTICLES AND LINKS: – <https://www.mmdhd.org/2025-board-of-health-meetings/>

1. 'Mid-Michigan District Health Department receives grant to expand dental care' – *Daily News* – November 2, 2025 – **Included.**

M. AGENCY NEWSLETTERS: – <https://conta.cc/44aPvkf> - **Included.**

CLINTON OFFICE

1307 E. Townsend Rd.
Saint Johns, MI 48879-9036
(989) 224-2195

GRATIOT OFFICE

151 Commerce Dr.
Ithaca, MI 48847-1627
(989) 875-3681

MONTCALM OFFICE

615 N. State St.
Stanton, MI 48888-9702
(989) 831-5237

BOARD OF HEALTH:

Bruce DeLong

George Bailey

Adam Petersen

Nicole Fickes

Steven Sopocy

Matt Murray

Board of Health (BOH) Synopsis of Actions Needed

November 26, 2025 Regular Meeting

Item A. 1.	AGENDA NOTES, REVIEW, AND REVISIONS
Motion to accept the Agenda as presented.	
Item B. 1. & 2.	CONSENT ITEMS (MEETING MINUTES & COMMUNICATIONS)
Motion to accept Meeting Minutes B. 1. b. and place on file.	
Item E. 1. a.	EXPENSES FOR OCTOBER 5 THROUGH NOVEMBER 15, 2025
Motion to approve payment of the Mid-Michigan District Health Department's Expenses for October 5, through November 15, 2025, totaling \$799,808.90.	
Item E. 1. b.	BALANCE SHEET, REVENUE AND EXPENDITURE REPORT FOR SEPTEMBER 2025
Motion to approve and place on file the Mid-Michigan District Health Department's Balance Sheet and Revenue and Expenditure report for September 2025.	
Item F.	MEDICAL DIRECTOR'S REPORT – STAYING HEALTHY DURING THE HOLIDAY GATHERINGS
Motion to approve and place on file the Medical Director's Report.	
Item G. 1.	HEALTH OFFICER'S REPORT
Motion to approve and place on file the Health Officer's Report.	
Item I. 1.	SCHEDULE JANUARY'S ORGANIZATIONAL MEETING
Motion to schedule the organizational meeting for Wednesday, January 28, 2026 for 9:00 a.m. at the Montcalm branch of the MMDHD.	

CLINTON OFFICE

1307 E. Townsend Rd.
Saint Johns, MI 48879-9036
(989) 224-2195

GRATIOT OFFICE

151 Commerce Dr.
Ithaca, MI 48847-1627
(989) 875-3681

MONTCALM OFFICE

615 N. State St.
Stanton, MI 48888-9702
(989) 831-5237

BOARD OF HEALTH:	Bruce DeLong	George Bailey	Adam Petersen
	Nicole Fickes	Steven Sopocy	Matt Murray

MID-MICHIGAN DISTRICT HEALTH DEPARTMENT (MMDHD)

BOARD OF HEALTH

REGULAR MEETING

at

Montcalm Office, Stanton, Michigan

Wednesday, October 22, 2025

9:00 a.m.

MINUTES

We take action to protect, maintain, and improve the health of our community.

Members Present: Adam Petersen, Chairperson; George Bailey, Vice Chairperson; Steven Sopocy, Bruce DeLong and Nicole Fickes

Members Absent: Matt Murray

Staff Present: Mari E. (Liz) Braddock, Health Officer; Melissa Selby, Director of Administrative Services; Sarah Doak, Director of Community Health and Education Division (CHED); Lonnie Smith, Director of Environmental Health (EH); Krishna Santana, Board Secretary

Staff Absent: Jennifer E. Morse, MD, MPH, FAAFP, Medical Director

Guests: Christa Merritt

Adam Petersen called the Regular Meeting of the Mid-Michigan District Board of Health (BOH) to order at 9:00 a.m. on Wednesday, October 22, 2025, at the Montcalm Office of the MMDHD, Stanton, Michigan.

The Pledge of Allegiance was led by A. Petersen.

A. AGENDA NOTES, REVIEW, AND REVISIONS:

A. Petersen asked if there were any additions to the agenda.

Motion made by G. Bailey and seconded by B. DeLong to accept the agenda as presented. Motion carried.

B. CONSENT ITEMS:

1. Meeting Minutes

- a. Michigan Association for Local Public Health (MALPH) Board of Directors Meeting held September 8, 2025
- b. Mid-Michigan District BOH Regular Meeting held September 24, 2025

Motion made by S. Sopocy and seconded by G. Bailey to accept Meeting Minutes B. 1. a. and b. and place on file. Motion carried.

2. Communications – None.

C. PUBLIC COMMENTS: - None.

D. BRANCH OFFICE EMPLOYEES: –

L. Braddock introduced Christa Merritt, Health Educator II.

E. COMMITTEE REPORTS:

1. Finance Committee – George Bailey, Chairperson

- a. MMDHD's Expenses for September 6 through October 4, 2025

The expenses were reviewed for the board by G. Bailey.

Motion made by G. Bailey and seconded by N. Fickes to approve payment of the MMDHD's Expenses for September 6 through October 4, 2025, totaling \$684,314.55. Motion carried.

- b. MMDHD's Monthly Balance Sheet, Revenue and Expenditure Report for September 2025 – delayed due to year-end.

2. Personnel Committee – Nicole Fickes, Chairperson

- a. Health Officer's annual review.

N. Fickes told the board they had a wonderful review for the health officer last month and she was surprised to learn all the duties of the health officer.

3. Program Committee –Matt Murray, Chairperson – No Report.

F. MEDICAL DIRECTOR'S REPORT: Jennifer E. Morse, MD, MPH, FAAFP

1. New World Screwworm

L. Braddock presented an overview of Dr. Morse's report in her absence.

Motion made by S. Sopocy seconded by B. DeLong to accept and place on file the Medical Director's report. Motion carried.

G. HEALTH OFFICER'S REPORT: Mari E. (Liz) Braddock

1. Health Officer's Report

L. Braddock reported that grant funds are beginning to come in and some grants are smaller than in previous years. She spoke on the additional funding from the counties to support the EP's decreased amount that has since been reinstated, the commissioners agreed to set aside the additional amount in the fund balance, to help mitigate any potential funding losses throughout the year.

Braddock noted that the WIC program continues to operate with no interruption in service. There is a federal plan for the program to continue to be funded during the shutdown by tariff funds; however, it is unknown how this will play out in Michigan. As previously discussed, if any program experiences a funding shortfall, the agency will continue to fund it for 30 days, after which a decision will be made regarding continued support.

Braddock discussed changes to the language in the comprehensive agreement related to the wastewater program, New language will restrict the Agency from using local EH Regulation for non-residential site less than 1000 gallons but would need to follow Michigan Criteria. Braddock wanted to make the commissioners aware of new regulations in case they are questioned by constituents.

2. Quarterly Service Report.

L. Braddock presented the Fourth Quarter Service Report and provided highlights from several key programs. The WIC program continues to be strong and robust throughout the district, maintaining high participation and service levels. Family Planning service numbers have remained steady compared to previous quarters. Braddock reviewed the Environmental Health service figures including restaurant inspections, well and septic permits as well as nuisance complaints.

3. Organizational Charts 2025-2026

L. Braddock reviewed the charts for the board explaining these are brought to the board every year for review and approval.

Motion made by S. Sopocy and seconded by B. DeLong to accept and place on file the 2025-2026 Organizational Charts and the Quarterly Service Report. Motion carried.

4. Agreements Signed, September 17 to October 14, 2025

L. Braddock reviewed the agreements this month.

The board was also informed that seasonal vaccines are now available by appointment and that this information has been shared on the agency website.

Motion made by S. Sopocy and seconded by B. DeLong to accept and place the Health Officer's Report on file. Motion carried.

H. OLD BUSINESS: -

1. Delta Dental Grant Foundation

L. Braddock presented a photo of the new dental van purchased by the agency through a grant from Delta Dental. The van will be used to support several school-based oral health initiatives, including the Kindergarten Oral Health Assessment program, the Varnish program, and the Sealant program.

I. NEW BUSINESS: - None.

1. Emerging Issues – None.

J. LEGISLATIVE ACTION: - None.

K. INFORMATIONAL ITEMS:

1. Mid-Michigan District BOH Action Items, August 2025
2. MMDHD Staffing Report

L. RELATED NEWS ARTICLES AND LINKS: - None.

M. Agency Newsletter: <https://conta.cc/4h2hp7d>

A. Peterson asked if there was anything else to come before the board, B. DeLong asked if the Lansing State Journal requested our restaurant inspection reports, L. Braddock said the newspaper submits a FOIA request for this information.

There being no further business to come before the Board, G. Bailey made a motion to adjourn seconded by S. Sopocy, the meeting adjourned at 9:45 a.m.

Respectfully Submitted,

Krishna Santana

Krishna Santana, Board Secretary
For Adam Petersen, Chairperson
Mid-Michigan District Board of Health



STATE OF MICHIGAN

GRETCHEN WHITMER
GOVERNOR

DEPARTMENT OF HEALTH AND HUMAN SERVICES
LANSING

ELIZABETH HERTEL
DIRECTOR

October 24, 2025

Ms. Liz Braddock, Health Officer
Mid-Michigan District Health Department
615 N. State Road, Suite 2
Stanton, MI 48888

Dear Ms. Braddock,

This correspondence will serve as the official Notice of Award for the grant titled "Local Health Department Collaboration and Exploration of Shared Approach to Delivery of Services." The grant is funded in the amount of \$52,394. The project begins October 1, 2025, and will end September 30, 2026.

The first project report is due mid-November on a date to be determined. The final report due date is also to be determined. The first report should consist of an update on the progress of each objective listed in the workplan. A template for the report will be sent during the month of October. Future correspondence will confirm due dates for each report.

If you have questions or need assistance, please contact Janine Whitmire at whitmirej@michigan.gov.

Once again, congratulations on your grant award. We are excited about your project and are anticipating great outcomes.

Sincerely,

A handwritten signature in blue ink that reads "Laura de la Rambelje".

Laura de la Rambelje
Director
Division of Local Health Services
Public Health Administration
delarambeljel@michigan.gov
(517) 388-7302



STATE OF MICHIGAN

DEPARTMENT OF HEALTH AND HUMAN SERVICES
LANSING

GRETCHEN WHITMER
GOVERNOR

ELIZABETH HERTEL
DIRECTOR

November 18, 2025

Ms. Liz Braddock
Health Officer
Mid-Michigan District Health Dept.
615 N. State Road, Suite 2
Stanton, MI 48888

Dear Ms. Braddock:

In accordance with MCL 123.1357(4)(viii), on July 10, 2025, the Michigan Department of Health and Human Services (MDHHS) certified to the Local Community Stabilization Authority the amount to be paid to each municipality. On November 14, 2025, the Local Community Stabilization Authority approved distribution of those payments. Your county is approved to receive \$190,167 for reimbursement of reasonable and allowable costs of required and allowable health services described in MCL 333.2475 not otherwise reimbursed.

Payments are set to be released November 28, 2025. Those counties that have signed up for ACH will see funds some time that day. If your county has not signed up for ACH, the county will receive a check a few days later depending on the mail service.

If you have any questions or concerns, please do not hesitate to make contact.

Sincerely,

A handwritten signature in blue ink that reads "Laura de la Rambelje".

Laura de la Rambelje
Director
Division of Local Health Services
Public Health Administration
delarambeljel@michigan.gov
(517) 388-7302

c: Dr. Sarah Lyon-Callo, Senior Deputy Director Public Health Administration
Brenda Jegede, MDHHS Bureau Director of Health and Wellness
Jaymes Vettraino, LCSA Administrator
Melissa Selby, Financial Administrator



***MONTHLY EXPENSES FOR
October 5, 2025 - November 15, 2025***

<i>EV 2071</i>	<i>10/15/2025</i>	<i>\$</i>	<i>271,572.59</i>
<i>EV 2072</i>	<i>10/29/2025</i>	<i>\$</i>	<i>248,850.56</i>
<i>EV 2073</i>	<i>11/12/2025</i>	<i>\$</i>	<i>279,385.75</i>
<i>TOTAL</i>		<i>\$</i>	<i>799,808.90</i>



Mid-Michigan District HEALTH DEPARTMENT

CLINTON • GRATIOT • MONTCALM

Expense Voucher # 2071

10/15/2025

Payables

109838-109855	Acumatica Checks	\$ 30,132.61
ACH000172-ACH000178	Acumatica EFT & ACH Payments	\$ 74,059.62

Payroll

Ameriprise NBS	\$ 100.00
Nationwide	\$ 1,815.00
MERS 457	\$ 2,205.00
MiSDU	\$ 369.20
EFT Payroll Taxes	\$ 40,736.64

Direct Deposit Payroll	\$ 117,374.74
Direct Deposit HSA	\$ 4,779.78
State of Michigan Unemployment	

Fees

Huntington e-Banking fee	
Huntington Bank Interest	

TOTAL

\$ 271,572.59

AP Payment Register

Company/Branch: MMDHD

Date From: 10/3/2025

Date To: 10/15/2025

Date:

10/15/2025 11:57 AM

User:

Ashley Tate

Account	Currency	Description						
CASH AP	USD	CASH ACCOUNT FOR AP						
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003511	109838	Closed	10/15/2025	BROM01	BROMBERG & ASSOCIATES	0.00	6.64
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid
Bill	005549		30254		September 2025 Ti	6.64 USD	0.00	6.64
							Document Total:	6.64
							Payment Method Total:	6.64
							Cash Account Total:	6.64
CASH AP	USD	CASH ACCOUNT FOR AP						
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003513	109839	Closed	10/15/2025	CDWG01	CDW GOVERNMENT, INC.	0.00	4,192.54
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid
Bill	005545		AG4A73E		AUSTIN A EH SUF	1,878.93 USD	0.00	1,878.93
Bill	005546		AG3LG1G		THINKPADS	1,941.45 USD	0.00	1,941.45
Bill	005550		ZR00855708		August 2025 CISC	372.16 USD	0.00	372.16
							Document Total:	4,192.54
							Payment Method Total:	4,192.54
							Cash Account Total:	4,192.54
CASH AP	USD	CASH ACCOUNT FOR AP						
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003514	109840	Closed	10/15/2025	CENT02	CENTRAL MICHIGAN DIST HEALTH DEPARTMENT	0.00	6,576.43
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid
Bill	005551		Sept 2025		CMDHD MD for Se	6,576.43 USD	0.00	6,576.43
							Document Total:	6,576.43
							Payment Method Total:	6,576.43
							Cash Account Total:	6,576.43
CASH AP	USD	CASH ACCOUNT FOR AP						
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003515	109841	Closed	10/15/2025	FRIE01	FRIEDLAND INDUSTRIES, INC.	0.00	312.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid
Bill	005552		9581		9.22.2025 District V	312.00 USD	0.00	312.00
							Document Total:	312.00
							Payment Method Total:	312.00
							Cash Account Total:	312.00

CASH AP	USD	CASH ACCOUNT FOR AP						
---------	-----	---------------------	--	--	--	--	--	--

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003516	109842	Closed	10/15/2025	GLAXO1	GLAXO SMITH KLINE	0.00	3,611.48
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005542		8254731268	BOOSTRIX, SHIN	3,611.48	USD	0.00	3,611.48
							Document Total:	3,611.48
							Payment Method Total:	3,611.48
							Cash Account Total:	3,611.48

CASH AP	USD	CASH ACCOUNT FOR AP						
---------	-----	---------------------	--	--	--	--	--	--

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003517	109843	Closed	10/15/2025	HOSP03	HOSPITAL NETWORK HEALTHCARE SERVICES	0.00	725.04
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005554		102311	MEDICAL WASTE	725.04	USD	0.00	725.04
							Document Total:	725.04
							Payment Method Total:	725.04
							Cash Account Total:	725.04

CASH AP	USD	CASH ACCOUNT FOR AP						
---------	-----	---------------------	--	--	--	--	--	--

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003518	109844	Closed	10/15/2025	INSP01	INSPIRATION STUDIO DESIGNS	0.00	72.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005538		27617	BUSINESS CARD	36.00	USD	0.00	36.00
Bill	005539		27621	BUSINESS CARD	36.00	USD	0.00	36.00
							Document Total:	72.00
							Payment Method Total:	72.00
							Cash Account Total:	72.00

CASH AP	USD	CASH ACCOUNT FOR AP						
---------	-----	---------------------	--	--	--	--	--	--

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003519	109845	Closed	10/15/2025	MICH11	MICHIGAN NURSES ASSOCIATION	0.00	609.48
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005573		Oct 2025	October 2025 MNA	609.48	USD	0.00	609.48
							Document Total:	609.48
							Payment Method Total:	609.48
							Cash Account Total:	609.48

CASH AP	USD	CASH ACCOUNT FOR AP						
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003506	ACH000174	Closed	10/15/2025	RICO01	RICOH USA INC	0.00	401.48
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005566		5072081198	September 2025 Pi	401.48	USD	0.00	401.48
							Document Total:	401.48
							Payment Method Total:	401.48
							Cash Account Total:	401.48

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003510	ACH000178	Closed	10/15/2025	MERS01	MUNICIPAL EMPLOYEES' RETIREMENT SYSTEM OF MICHIGAN	0.00	60,819.86

Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005575		00172023-8					
				MERS Defined Ben	60,819.86	USD	0.00	60,819.86
Document Total:								60,819.86
Payment Method Total:								60,819.86
Cash Account Total:								60,819.86

Doc. Type	Count	Amount Paid (USD)
Check	25	104,192.23
Prepayment	0	0.00
Refund	0	0.00
Void Check	0	0.00
Company Total:	25	104,192.23



Mid-Michigan District HEALTH DEPARTMENT

CLINTON • GRATIOT • MONTCALM

Expense Voucher #

2072

10/29/2025

Payables

109856-109865	Acumatica Checks	\$	25,560.96
ACH000179-ACH000183	Acumatica EFT & ACH Payments	\$	15,770.01

Payroll

Ameriprise NBS	\$	100.00
Nationwide	\$	1,575.00
MERS 457	\$	2,205.00
MiSDU	\$	369.20
EFT Payroll Taxes	\$	42,615.57
Direct Deposit Payroll	\$	123,666.97
Direct Deposit HSA	\$	29,154.35
State of Michigan Unemployment	\$	7,704.00

Fees

Huntington e-Banking fee	\$	129.50
Huntington Bank Interest		

TOTAL

\$ 248,850.56

AP Payment Register
Company/Branc MMDHD

Date From: 10/19/2025
Date To: 10/31/2025

Date: 10/28/2025 3:57 PM
User: Ashley Tate

Account	Currency	Description							
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003534	109856	Closed	10/28/2025	ALPH01	ALPHA FAMILY CENTER	0.00	200.00	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005584		Nov. 2025		November 2025 R	200.00 USD	0.00	200.00	
							Document Total:	200.00	
							Payment Method Total:	200.00	
							Cash Account Total:	200.00	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003535	109857	Closed	10/28/2025	CDWG01	CDW GOVERNMENT, INC.	0.00	4,116.22	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005589		AG4PX5T		THINKPADS	2,103.70 USD	0.00	2,103.70	
Bill	005595		AG5ZT9A		THINKPADS	2,012.52 USD	0.00	2,012.52	
							Document Total:	4,116.22	
							Payment Method Total:	4,116.22	
							Cash Account Total:	4,116.22	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003541	109858	Closed	10/28/2025	CHILD01	CHILD ADVOCACY	0.00	200.00	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005590		Nov 2025		November 2025 R	200.00 USD	0.00	200.00	
							Document Total:	200.00	
							Payment Method Total:	200.00	
							Cash Account Total:	200.00	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003536	109859	Closed	10/28/2025	GRAT07	GRATIOT ISABELLA RESD	0.00	1,893.75	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005592		12904		District Wide room	1,893.75 USD	0.00	1,893.75	
							Document Total:	1,893.75	
							Payment Method Total:	1,893.75	
							Cash Account Total:	1,893.75	

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003540	109860	Closed	10/28/2025	HERI01	HERITAGE UNITED METHODIST CHURCH	0.00	100.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005591		Nov 2025	November 2025 OI	100.00	USD	0.00	100.00
							Document Total:	100.00
							Payment Method Total:	100.00
							Cash Account Total:	100.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003537	109861	Closed	10/28/2025	MERC01	MERCK SHARP & DOHME LLC	0.00	8,854.57
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005587		7018424519	GARDASIL	6,090.82	USD	0.00	6,090.82
Bill	005588		7018424070	VARICELLA, MMR	2,763.75	USD	0.00	2,763.75
							Document Total:	8,854.57
							Payment Method Total:	8,854.57
							Cash Account Total:	8,854.57

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003542	109862	Closed	10/28/2025	MONT11	MONTCALM COMMUNITY COLLEGE	0.00	400.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005583		11.7.25 RENTAL	MCRUD annual m€	400.00	USD	0.00	400.00
							Document Total:	400.00
							Payment Method Total:	400.00
							Cash Account Total:	400.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003538	109863	Closed	10/28/2025	PFIZ01	PFIZER INC.	0.00	5,232.42
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005580		9347182617	PREVNAR 20	2,436.28	USD	0.00	2,436.28
Bill	005581		9347191696	RSV ABRYSDO V/	2,796.14	USD	0.00	2,796.14
							Document Total:	5,232.42
							Payment Method Total:	5,232.42
							Cash Account Total:	5,232.42

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003543	109864	Closed	10/28/2025	STUD01	STUDENT ASSISTANCE SERVICES CORPORATION	0.00	700.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005599		32-25-005	Project Success Tr	700.00	USD	0.00	700.00
							Document Total:	700.00
							Payment Method Total:	700.00
							Cash Account Total:	700.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003539	109865	Closed	10/28/2025	TOBY01	TOBY'S INSTRUMENT REPAIR	0.00	3,864.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005596		52254	CHED CALIBRATI	1,101.00	USD	0.00	1,101.00
Bill	005597		52252	CHED CALIBRATI	1,366.00	USD	0.00	1,366.00
Bill	005598		52253	CHED CALIBRATI	1,397.00	USD	0.00	1,397.00
							Document Total:	3,864.00
							Payment Method Total:	3,864.00
							Cash Account Total:	3,864.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003529	ACH000179	Closed	10/28/2025	MCKE01	MCKESSON MEDICAL	0.00	7,377.26
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005582		24438450	MODERNA 6-11 Y	2,307.03	USD	0.00	2,307.03
Bill	005602		24507134	MODERNA SPIKE	5,070.23	USD	0.00	5,070.23
							Document Total:	7,377.26
							Payment Method Total:	7,377.26
							Cash Account Total:	7,377.26

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003530	ACH000180	Closed	10/28/2025	SANO01	SANOFI PASTEUR INC	0.00	175.47
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005603		7144212098	FLU MDV	175.47	USD	0.00	175.47
							Document Total:	175.47
							Payment Method Total:	175.47
							Cash Account Total:	175.47

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003531	ACH000181	Closed	10/28/2025	STAP01	STAPLES	0.00	848.59
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005585		6044199043	CARDSTOCK PAF	7.83	USD	0.00	7.83
Bill	005586		6044199044	1099 tax envelope	39.38	USD	0.00	39.38
Bill	005600		6045681632	GBO OFFICE SUP	801.38	USD	0.00	801.38
Document Total:								848.59
Payment Method Total:								848.59
Cash Account Total:								848.59

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003532	ACH000182	Closed	10/28/2025	VERI01	VERIZON	0.00	2,732.92
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005601		6126825323	September 24 - Oc	2,732.92	USD	0.00	2,732.92
Document Total:								2,732.92
Payment Method Total:								2,732.92
Cash Account Total:								2,732.92

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003533	ACH000183	Closed	10/28/2025	MUTU01	MUTUAL OF OMAHA	0.00	4,635.77
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005594		001973404779	November 2025 Ef	4,635.77	USD	0.00	4,635.77
Document Total:								4,635.77
Payment Method Total:								4,635.77
Cash Account Total:								4,635.77

Doc. Type	Count	Amount Paid (USD)
Check	15	41,330.97
Prepayment	0	0.00
Refund	0	0.00
Void Check	0	0.00
Company Total:	15	41,330.97



Mid-Michigan District HEALTH DEPARTMENT

CLINTON • GRATIOT • MONTCALM

Expense Voucher #

2073

11/12/2025

Payables

109866-109884	Acumatica Checks	\$	51,607.10
ACH000184-ACH000188	Acumatica EFT & ACH Payments	\$	95,677.48
	Correction to EV 2072, HSA entered as \$29,154.35 should be \$4679.78.	\$	(24,474.57)

Payroll

Ameriprise NBS	\$	100.00
Nationwide	\$	1,575.00
MERS 457	\$	2,425.00
MISDU	\$	369.20
EFT Payroll Taxes	\$	37,522.37
Direct Deposit Payroll	\$	109,927.53
Direct Deposit HSA	\$	4,679.78
State of Michigan Unemployment		

Fees

Huntington e-Banking fee	\$	-
Huntington Bank Interest	\$	(23.14)

TOTAL

\$ 279,385.75

AP Payment Register
Company/Branc MMDHD

Date From: 11/1/2025
Date To: 11/13/2025

Date: 11/13/2025 11:10 AM
User: Ashley Tate

Account	Currency	Description							
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003550	109866	Closed	11/12/2025	CDWG01	CDW GOVERNMENT, INC.	0.00	361.69	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005612		ZR00946446		September 2025 C	361.69 USD	0.00	361.69	
							Document Total:	361.69	
							Payment Method Total:	361.69	
							Cash Account Total:	361.69	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003551	109867	Closed	11/12/2025	CENT02	CENTRAL MICHIGAN DIST HEALTH DEPARTMENT	0.00	11,038.35	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005613		Oct. 2025		CMDHD MD for Oc	11,038.35 USD	0.00	11,038.35	
							Document Total:	11,038.35	
							Payment Method Total:	11,038.35	
							Cash Account Total:	11,038.35	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003552	109868	Closed	11/12/2025	CONT01	CONTROL SOLUTIONS, INC.	0.00	92.22	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005607		47738982064		CALIBRATED SM/	92.22 USD	0.00	92.22	
							Document Total:	92.22	
							Payment Method Total:	92.22	
							Cash Account Total:	92.22	
CASH AP	USD	CASH ACCOUNT FOR AP							
Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount	
Payment	003564	109869	Closed	11/12/2025	DELTA01	DELTA DENTAL FOUNDATION	0.00	9,686.00	
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount Currency		Discount Taken	Amount Paid	
Bill	005626		DDF refund		Delta Dental Founc	9,686.00 USD	0.00	9,686.00	
							Document Total:	9,686.00	
							Payment Method Total:	9,686.00	
							Cash Account Total:	9,686.00	

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003565	109870	Closed	11/12/2025	DEWITT01	DEWITT AREA FIRE FIGHTERS ASSOCIATION	0.00	104.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005627		EH REFUND	Temporary food lic	104.00	USD	0.00	104.00
							Document Total:	104.00
							Payment Method Total:	104.00
							Cash Account Total:	104.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003553	109871	Closed	11/12/2025	FRIE01	FRIEDLAND INDUSTRIES, INC.	0.00	270.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005614		9686	10.27.2025 District	270.00	USD	0.00	270.00
							Document Total:	270.00
							Payment Method Total:	270.00
							Cash Account Total:	270.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003567	109872	Closed	11/12/2025	JANET	JANET GREENWOOD	0.00	275.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005629		EH Refund	Cancelled Septic P	275.00	USD	0.00	275.00
							Document Total:	275.00
							Payment Method Total:	275.00
							Cash Account Total:	275.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003563	109873	Closed	11/12/2025	KOST01	Koster & Lane, LLC.	0.00	540.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005615		2025-Q3&Q4	Communicable Dis	540.00	USD	0.00	540.00
							Document Total:	540.00
							Payment Method Total:	540.00
							Cash Account Total:	540.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003554	109874	Closed	11/12/2025	MICH03	MALPH	0.00	4,828.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005631		INV0592		FY2026 DUES	4,828.00 USD	0.00	4,828.00
							Document Total:	4,828.00
							Payment Method Total:	4,828.00
							Cash Account Total:	4,828.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003555	109875	Closed	11/12/2025	MICH06	MDARD-MICHIGAN DEPARTMENT OF AGRICULTURE	0.00	991.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005635		791-11360441		Food Licenses	991.00 USD	0.00	991.00
							Document Total:	991.00
							Payment Method Total:	991.00
							Cash Account Total:	991.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003556	109876	Closed	11/12/2025	MICH15	MICHIGAN PUBLIC HEALTH INSTITUTE	0.00	14,388.33
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005622		90064645		MPHI MI PC Learn	14,388.33 USD	0.00	14,388.33
							Document Total:	14,388.33
							Payment Method Total:	14,388.33
							Cash Account Total:	14,388.33

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003557	109877	Closed	11/12/2025	NURS01	NURSE ADMINISTRATORS FORUM	0.00	85.00
Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005616		FY25-26 J.Stratton		FY25-26 JENNIFEI	35.00 USD	0.00	35.00
Bill	005617		FY25-26 S. Doak		FY25-26 SARAH C	50.00 USD	0.00	50.00
							Document Total:	85.00
							Payment Method Total:	85.00
							Cash Account Total:	85.00

CASH APUSD

CASH ACCOUNT FOR AP

Doc. Type	Ref. Number	Payment Ref.	Status	Date	Vendor	Vendor Name	Doc. Balance	Orig. Doc. Amount
Payment	003548	ACH000188	Closed	11/12/2025	MERS01	MUNICIPAL EMPLOYEES' RETIREMENT SYSTEM OF MICHIGAN	0.00	88,531.87

Doc. Type	Ref. Number	Branch	Vendor Ref.	Description	Original Amount	Currency	Discount Taken	Amount Paid
Bill	005604		00172913-8	MERS Defined Ber	88,531.87	USD	0.00	88,531.87
Document Total:								88,531.87
Payment Method Total:								88,531.87
Cash Account Total:								88,531.87

Doc. Type	Count	Amount Paid (USD)
Check	24	147,284.58
Prepayment	0	0.00
Refund	0	0.00
Void Check	0	0.00
Company Total:	24	147,284.58

Balance Sheet
As of September 30, 2025

Assets

Cash & Cash Equivalents	2,801,156.88
Account Receivable	309,071.62
Other Receivables	165,263.10
Prepaid Expenses	184,615.04
VFC Inventory	83,063.29
Total Assets	3,543,169.93

Liabilities

Employee Deductions	7,902.73
Accounts Payable	217,661.92
Due to Others	581,600.46
VFC Inventory	83,063.29
Trust Funds	17,987.17
Deferred Revenues	0.00
Other Long-term Liabs	151,433.00
38901-FUND BALANCE RESTRICTED DENTAL	95,208.84
39001-FUND BALANCE	189,369.66
39004-FUND BALANCE - TECHNICAL/EQUIP	489,494.46
39005-FUND BALANCE-FACILITY DEV.	137,523.00
39007-FUND BALANCE-SELF INS BONDS	13,949.72
39008-FUND BALANCE-FUTURE RETIREMENT	277,269.58
39009-FUND BALANCE-COMPENSATED LEAVE	511,844.51
39010-FUND BALANCE-UNEMPLOYMENT	55,000.00
39012-FUND BALANCE - TRAINING	34,465.00
39013-FUND BALANCE - BRFS	11,522.00
39014-FUND BALANCE-HEALTH INSURANCE	125,451.00
39015-FUND BALANCE-POTENTIAL CLAIMS	75,457.00
39017-FUND BALANCE CHW	150,000.00
39018-FUND BALANCE OPEB	77,778.00
Net Income / (Loss)	239,188.59
Total Liabilities	3,543,169.93
Difference	0.00

Mid-Michigan District Health Department
REVENUE-EXPENSE
As of September 30, 2025

MELISSA SELBY
1 of 2

ALL PROGRAMS

	APPROVED BUDGET AMENDMENT	CURRENT MONTH	YEAR TO DATE	BUDGET BALANCE	% YTD
REVENUE					
ELPHS LCSA	190,167.00	0.00	190,167.00	0.00	100%
ELPHS	1,767,782.00	149,745.00	1,619,591.00	148,191.00	92%
MDHHS GRANTS	2,943,793.00	-213,250.48	3,411,517.52	-467,724.52	116%
MDHHS FEE FOR SERVICE	50,000.00	3,215.22	46,556.59	3,443.41	93%
EGLS GRANTS	250,000.00	79,906.20	215,184.46	34,815.54	86%
OTHER GRANTS	630,000.00	69,566.03	485,245.87	144,754.13	77%
VFC SUPPLIES	300,000.00	0.00	0.00	300,000.00	0%
MEDICAID FULL COST	440,000.00	218.67	523,482.23	-83,482.23	119%
MEDICAID OUTREACH	25,000.00	0.00	16,612.14	8,387.86	66%
MISC INCOME	150,000.00	2,785.50	156,074.23	-6,074.23	104%
EH ADMIN		58.12	1,000.82	-1,000.82	
EH MISC	34,000.00	1,408.00	32,810.25	1,189.75	97%
SEWAGE PROGRAM	210,000.00	11,255.00	198,648.50	11,351.50	95%
WATER PROGRAM	175,000.00	7,220.00	161,977.53	13,022.47	93%
FOOD PROGRAM	368,000.00	3,573.00	361,730.00	6,270.00	98%
BODY ART	8,000.00	0.00	7,860.00	140.00	98%
BEACH MONITORING	3,000.00	0.00	2,990.00	10.00	100%
COMMUNICABLE DISEASE	1,000.00	0.00	0.00	1,000.00	0%
IMMUNIZATIONS	300,000.00	24,060.48	306,950.83	-6,950.83	102%
STD/STI	5,000.00	489.12	4,741.78	258.22	95%
BLOOD LEAD	8,000.00	583.10	8,196.64	-196.64	102%
WOMENS HEALTH PROGRAM	1,000.00	230.00	843.10	156.90	84%
BCCCP	1,000.00	-97.32	266.54	733.46	27%
FAMILY PLANNING	50,000.00	2,636.03	46,945.67	3,054.33	94%
VISION	12,000.00	3,792.83	13,354.89	-1,354.89	111%
HEARING	12,000.00	3,276.79	13,304.24	-1,304.24	111%
BREASTFEEDING PROGRAM	1,000.00	280.83	1,100.39	-100.39	110%
CLINICAL VARNISH	7,000.00	7,770.76	13,379.34	-6,379.34	191%
ORAL HEALTH K-ASSESSMENT	25,000.00	0.00	28,791.26	-3,791.26	115%
ORAL HEALTH	4,000.00	0.00	3,840.00	160.00	96%
CHED ADMINISTRATION		0.00	15.00	-15	
FUND BALANCE	270,000.00	0.00	0.00	270,000.00	
SPACE	325,000.00	0.00	236,281.81	88,718.19	73%
APPROPRIATIONS	1,135,677.00	69,846.92	1,135,677.00	0.00	100%
TOTAL REVENUE	9,702,419.00	228,569.80	9,245,136.63	457,282.37	95%

Mid-Michigan District Health Department
REVENUE-EXPENSE
As of September 30, 2025

MELISSA SELBY
2 of 2

ALL PROGRAMS

	APPROVED BUDGET AMENDMENT	CURRENT MONTH	YEAR TO DATE	BUDGET BALANCE	% YTD
EXPENSE					
SALARIES	4,415,000.00	419,638.76	4,399,598.09	15,401.91	100%
FICA	325,000.00	30,368.69	319,054.81	5,945.19	98%
HEALTH INSURANCE	785,000.00	60,182.92	775,544.84	9,455.16	99%
DENTAL INSURANCE	52,864.63	4,411.89	52,276.52	588.11	99%
RETIREMENT	1,100,000.00	51,755.46	919,550.63	180,449.37	84%
OTHER BENEFITS	6,000.00	466.56	5,980.49	19.51	100%
OFFICE SUPPLIES	160,000.00	5,910.87	135,245.28	24,754.72	85%
COMPUTER SUPPLIES	115,000.00	7,333.40	100,726.02	14,273.98	88%
MEDICAL SUPPLIES	70,000.00	9,306.72	59,596.61	10,403.39	85%
BIOLOGICS	195,000.00	29,286.61	192,246.04	2,753.96	99%
VFC	300,000.00	0.00	-	300,000.00	0%
OTHER SUPPLIES	-	220.46	220.46	-220.46	
CAPITAL EXPENSE	45,000.00	44,539.00	81,361.80	-36,361.80	181%
SOFTWARE PURCHASES	1,000.00	0.00	561.80	438.20	56%
CONTRACTUAL/PROFESSIONAL SERVICES	1,200,000.00	57,412.66	1,130,191.54	69,808.46	94%
COMMUNICATIONS	81,000.00	7,713.60	78,580.54	2,419.46	97%
TRAVEL/TRAINING	150,000.00	12,572.90	148,640.06	1,359.94	99%
MEMBERSHIPS	30,000.00	441.99	28,803.13	1,196.87	96%
ADVERTISING	40,000.00	0.00	33,734.70	6,265.30	84%
LIABILITY INSURANCE	85,000.00	61.10	84,501.35	498.65	99%
LEASE & MAINTENANCE	157,000.00	21,270.59	170,638.16	-13,638.16	109%
RENT	25,000.00	1,893.75	25,235.09	-235.09	101%
SPACE	325,000.00	0.00	236,281.81	88,718.19	73%
MISC EXPENSE	39,554.37	1,466.73	27,378.27	12,176.10	69%
TOTAL EXPENSE	9,702,419.00	766,254.66	9,005,948.04	696,470.96	83%
	0.00	-537,684.86	239,188.59	-239,188.59	

Report to the Boards of Health
Jennifer Morse, MD, MPH, FAAFP, Medical Director

Mid-Michigan District Health Department, Wednesday, November 19, 2025
Central Michigan District Health Department, Wednesday, November 19, 2025
District Health Department 10, Friday, November 21, 2025



Staying Healthy During Holiday Gatherings

The holiday season brings family, friends, and, unfortunately, more chances to get sick. During this time, illnesses like influenza (the flu), COVID-19, RSV, and norovirus are more common. These spread easily when people gather for Thanksgiving, Christmas, and New Year celebrations. Knowing how these illnesses spread and taking simple steps to stay healthy can help you enjoy the holidays safely.

Why Illness Spreads During the Holidays

Holiday gatherings often happen indoors with many people in close contact. Poor ventilation and long visits make it easier for illnesses to spread. Sharing kitchens and food can also lead to germs spreading through food. Traveling and visiting people from different places adds more chances for exposure. Older adults and young children are especially at risk when large families gather.

Many viruses spread before symptoms show. A person may feel fine while cooking or hugging family but already be contagious. This makes it important to use prevention strategies, not just rely on how people feel.

Current Illness Trends and Predictions

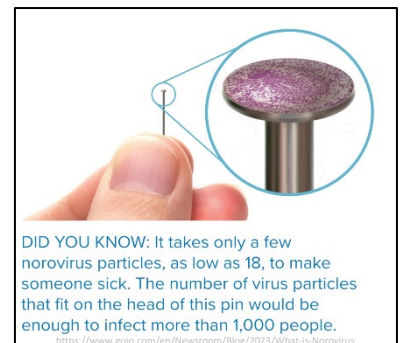
While still low, flu, COVID-19, and RSV should be common again this year and normally peak between December and February. Norovirus, which causes vomiting and diarrhea, has also been rising across the country and locally. It also normally peaks between December and February. It spreads very easily, especially through contaminated food or close contact. Other foodborne illnesses like salmonella and the “holiday bug” (*Clostridium perfringens*) also increase during the holidays, often from undercooked or mishandled foods.

How Respiratory Illnesses Spread

Flu, COVID-19, and RSV spread through droplets when people cough, sneeze, talk, or breathe. Because they can spread before symptoms start, someone can infect others without realizing it. These viruses spread fastest indoors, especially in places with poor airflow. When the droplets land, the virus can contaminate surfaces. Touching contaminated surfaces and then your face can also spread infection.

Norovirus: The Stomach Bug

Norovirus deserves special attention because it is so very contagious and often connected to holiday get-togethers and food service. Only a few viral particles can cause infection, and an infected person can shed billions of viral particles in vomit and stool, explaining why norovirus is the leading cause of foodborne illness in the United States. It can live for days on surfaces and survive both heat and cold. **Hand sanitizer doesn’t kill it**—only handwashing with soap and water works. It can be cleaned from contaminated surfaces with bleach solutions. Symptoms include vomiting, diarrhea, nausea, and stomach pain.



Food Safety Basics


Beyond norovirus, other germs can pose a risk. Bacteria grow quickly between 40°F to 140°F so keeping hot food hot and cold food cold is one of the best ways to prevent foodborne illness. **Safe cooking temperatures** are important as is using a food thermometer to confirm food is ready:

- Chicken, turkey, and all poultry: 165°F
- Ground meats: 160°F
- Beef, pork, lamb roasts: 145°F with 3-minute rest time
- Ham: Raw - 145°F with 3-minute rest time; Precooked - 165°F
- Reheated leftovers: 165°F
- Gravies and sauces: rolling boil

Don't leave perishable food out for more than two hours and store leftovers within two hours. If you aren't sure if food is safe, throw it out.

Vaccines Help Protect Everyone

The 2025-2026 season offers vaccines for all three major respiratory viruses—influenza, COVID-19, and RSV, as well as other preventable contagious illnesses such as pneumococcal pneumonia and pertussis (whooping cough). Getting vaccinated before holiday gatherings provides important protection.

2025-2026 Combined Respiratory Vaccine Recommendations			
	Influenza Vaccine	RSV Immunization	COVID-19 Vaccine
Infants and Children	All children 6 months and older <small>Some children 6 months to 8 years may need multiple doses AAP, AAFP, CDC</small>	All infants <8 months + children 8-19 months with risk factors <small>(nirsevimab, clesrovimab), typically Oct-Mar, if no maternal RSV vaccine AAP, AAFP, CDC</small>	All children 6-23 months + children 2-18 years with risk factors or if parent desires vaccine <small>AAP, AAFP</small>
Pregnancy	All <small>At any point in pregnancy ACOG, AAFP, CDC</small>	32-36 weeks gestation <small>(Pfizer, Abrysvo only) Typically Sept-Jan ACOG, AAFP, CDC</small>	All <small>At any point in pregnancy ACOG, AAFP</small>
Adults 18-50	All <small>AAFP, CDC</small>	See Pregnancy <small>AAFP, CDC</small>	All <small>Especially important for people with risk factors or who have never received a vaccine AAFP, IDSA</small>
Adults 50+	All <small>High-dose, recombinant or adjuvanted flu vaccine preferred for 65+, if available AAFP, CDC</small>	All 75+ and adults 50-74 with risk factors <small>One lifetime dose of RSV vaccine AAFP, CDC</small>	All <small>Especially important for people with risk factors or who have never received a vaccine AAFP, IDSA</small>
 COMMON HEALTH Coalition <small>Together For Public Health</small>			
Last updated 10/20/25			

Stay Home When Sick

If you have symptoms like fever, cough, sore throat, vomiting, or diarrhea, stay home. You can return to normal activities after 24 hours with no fever (without using fever medicine) and when your symptoms are improving. For stomach illness, wait at least 48 hours after your symptoms end before seeing others.

Hosts should tell guests to stay home if sick and allow plans to change easily. If you get sick after an event, tell others who attended.

Improve Air Quality

Good airflow lowers the chance of spreading illness:

- Open windows when possible.
- Run HVAC fans on “ON” instead of “AUTO.”
- Use high-efficiency (MERV-13 or HEPA) filters.
- Use portable air purifiers in main rooms.
- Run exhaust fans during gatherings.

Handwashing: Simple but Important

Wash your hands with soap and water for 20 seconds:

- Before eating and preparing food
- After using the bathroom or changing diapers
- After coughing, sneezing, or touching pets

And remember - **hand sanitizer doesn't work against norovirus**, so always use soap and water.

Layered Protection Works Best

Combining several prevention steps keeps everyone safer:

- Get vaccinated
- Stay home when sick
- Improve ventilation
- Wash hands often
- Follow food safety rules
- Mask in crowded spaces if desired
- Test for illness before gatherings if needed

Protecting Higher-Risk Family Members

Older adults, young children, pregnant people, and those with chronic illnesses should take extra care. Encourage vaccination for these family members and those around them, consider smaller gatherings, or added precautions like masks when needed.

Recommendations:

1. **Get vaccinated now if you haven't already.** See the table above for flu, COVID-19, and RSV vaccine recommendation. All three can be given the same visit.
2. **Prioritize food safety.** Emphasize the importance of using food thermometers and the two-hour rule, and don't prepare any food if you haven't felt well in the past 2 days.
3. **Normalize staying home when sick.** Support clear communication that sick individuals should not attend gatherings and be flexible about cancelling if needed.

Resources:

- Respiratory virus Data Dashboards
 - **PopHIVE** <https://www.pophive.org/>: Developed by Yale School of Public Health and integrates data from several sources
 - **Respiratory Illness Index** <https://www.walgreens.com/seasonal/respiratory-illness-index>: Run by Walgreens, using data from their store flu and COVID-19 test results, antiviral prescription sales, and sale of over the counter cold and flu medication.

- CDC Holiday Health: <https://www.cdc.gov/ncird/whats-new/reduce-your-risk-from-respiratory-viruses-this-holiday-season.html>
- CDC Food Safety: <https://www.cdc.gov/food-safety>
- CDC About Norovirus: <https://www.cdc.gov/norovirus/about/index.html>
- CDC Preventing Spread When Sick: <https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>
- CDC Handwashing: <https://www.cdc.gov/clean-hands/about/index.html>
- CDC Ventilation: <https://www.cdc.gov/niosh/ventilation/prevention/index.html>
- FoodSafety.gov Holiday Tips: <https://www.foodsafety.gov/blog/food-safety-tips-holidays>
- FDA Food Safety Tips for Healthy Holidays: <https://www.fda.gov/consumers/consumer-updates/food-safety-tips-healthy-holidays>
- USDA Safe Thanksgiving Guide: <https://www.fsis.usda.gov/food-safety/safe-food-handling-and-preparation/poultry/your-safe-thanksgiving-guide>

Sources

- Centers for Disease Control and Prevention. About RSV. <https://www.cdc.gov/rsv/about/index.html>
- Centers for Disease Control and Prevention. About Norovirus. <https://www.cdc.gov/norovirus/about/index.html>
- Centers for Disease Control and Prevention. NoroSTAT Data. <https://www.cdc.gov/norovirus/php/reporting/norostat-data.html>
- Centers for Disease Control and Prevention. About *C. perfringens* food poisoning. <https://www.cdc.gov/clostridium-perfringens/about/index.html>
- Centers for Disease Control and Prevention. Estimates: Burden of Foodborne Illness in the United States. <https://www.cdc.gov/food-safety/php/data-research/foodborne-illness-burden/index.html>



STATE OF MICHIGAN

DEPARTMENT OF HEALTH AND HUMAN SERVICES

LANSING

GRETCHEN WHITMER
GOVERNOR

ELIZABETH HERTEL
DIRECTOR

September 12, 2025

Liz Braddock
Mid-Michigan District Health Department
615 N. State Road
Suite 2
Stanton, MI 48888

Dear Health Officer Braddock:

I am pleased to announce that the Mid-Michigan District Health Department was chosen as the \$500.00 recipient of the 2025 Michigan Department of Health & Human Services (MDHHS) Director's Award to Local Public Health. You were selected for your swift, culturally sensitive response to a measles outbreak in Montcalm County's Plain Community.

You will receive a framed certificate along with your monetary award. The award and recognition item will be presented to you or your representative at Michigan's Premier Public Health Conference luncheon and awards ceremony on October 28, 2025, in Muskegon, Michigan, Marriott Muskegon Convention Center.

On behalf of Michigan residents and visitors, I want to express our sincere appreciation for your efforts that exemplify how trust, cultural humility, and collaboration can protect public health and strengthen community resilience. I am excited to recognize your outstanding contributions at the upcoming conference. Thank you for your participation in the MDHHS Director's Award process, and for your dedication to making a positive impact in our communities.

Sincerely,

A handwritten signature in black ink, appearing to read "Sarah Lyon-Callo".

Sarah Lyon-Callo, M.S., Ph. D.
Senior Deputy Director/State Epidemiologist
Michigan Department of Health & Human Services

SLC:jw

Dear Michigan Breastfeeding Supporter,

Congratulations! Your organization goes above and beyond to support breastfeeding in the outpatient setting and is being recognized with a Michigan Breastfeeding-Friendly Outpatient Award!

As a Michigan breastfeeding-friendly outpatient provider, your organization recognizes breastfeeding as a public health imperative and is in compliance with the Michigan Breastfeeding Anti-Discrimination Act.

At the Michigan Breastfeeding Network, we collaborate with organizations and individuals to bring about actionable, system-level changes that are centered on the diverse experiences of Michigan families with young children. We are incredibly grateful for the Michigan outpatient providers who are working with us by supporting breastfeeding families to meet their goals. Breastfeeding is good for everyone and supporting breastfeeding benefits the environment, communities, and society as a whole.

We encourage you to keep the momentum going with your support of breastfeeding! Here are a few ideas for increasing awareness of and support for your award:

- Display the enclosed Outpatient Award window cling in a highly visible, common area of your organization, such as on the front door or by the reception area.
- Print and display your Outpatient Award certificate that was included in the email confirmation to display at your organization.
- Publish an article in your company newsletter and/or submit a press release to your local newspaper to recognize your award.
- Share the news on your organization's social media channel(s). If you tag Michigan Breastfeeding Network in your posts, we can share them with our channels.
- Utilize the resources and tools available at www.mibreastfeeding.org/tools to continue to improve your support of breastfeeding and spread the word about your work.
- Re-apply next year for the Michigan Breastfeeding-Friendly Outpatient Award! Awards are presented on a rolling basis and are good for one calendar year.

If you have any questions or would like additional information, please reach out to us at hello@mibreastfeeding.org. Thank you so much for your support in creating a breastfeeding-friendly Michigan!

Sincerely,
The MIBFN Team



MICHIGAN BREASTFEEDING-FRIENDLY OUTPATIENT AWARD

THIS IS AWARDED TO

MID MICHIGAN DISTRICT HEALTH DEPARTMENT

for continued effort to support breastfeeding families in their community.

September 12, 2025

Date

Shannon McKenney Shubert

MIBFN EXECUTIVE DIRECTOR

Agreements Signed 10/15/25 to 11/20/25

Date Signed	Organization	Purpose	Amount	Signed By
10/20/2025	EGLE	2026 LHD Grant – EH Programs	\$249,678	Liz Braddock
11/3/2025	MyMichigan Health Gratiot	Emergency Vaccine Storage Agreement	N/A	Sarah Doak
11/3/2025	Mid-State Health Network	Substance Use Disorder Prevention	\$267,599	Melissa Selby
11/3/2025	University of Michigan	Collaboration and Software License Agreement – MIWAIV	N/A	Sarah Doak
11/10/2025	Grand Valley State University	Health Related Academic Program Affiliation Agreement	N/A	Liz Braddock
11/19/2025	MALPH	Specialized Training for Health Officers and Local Public Health Staff	\$49,894	Liz Braddock

October 2025

- The Mid-Michigan District Board of Health (BOH) approved Consent items (meeting minutes).
- The MMDHD BOH approved Expenses for September 6 to October 4, 2025.
- The MMDHD BOH approved to accept and place on file the Medical Directors report.
- The MMDHD BOH approved the quarterly service report and the 2025- 2026 organizational charts and placed on file.



STAFFING REPORT – NOVEMBER 2025

Administration/Administrative Services Division

STATUS	POSITION	BRANCH OFFICE
VACANCY	1.0 FTE Data Specialist, base to be determined effective August 28, 2025	To be determined
PROMOTION	Christa Merritt, 1.0 FTE Health Educator I, Main Office, promoted to 1.0 FTE Health Educator II, Main Office effective October 19, 2025	Main Office

Community Health and Education Division

STATUS	POSITION	BRANCH OFFICE
VACANCY	0.8 FTE Registered Dental Hygienist, Clinton Branch Office effective January 13, 2025	Clinton
VACANCY	0.8 FTE P.H. Nurse I/II, Montcalm Branch Office effective October 6, 2025	Montcalm

Environmental Health Division

STATUS	POSITION	BRANCH OFFICE
VACANCY ON HOLD	1.0 FTE P.H. Representative, Gratiot Branch Office effective July 7, 2025	Gratiot

Longevity recognition on next page.



Longevity Recognition for 2025

Five Years

Sheila Moore	1/6/2020
Bethann McPherson	8/31/2020
Vanessa Nelson	8/31/2020
Rochelle O'Shay	10/5/2020

Ten Years

Dr. Jennifer Morse	7/6/2015
--------------------	----------

Fifteen Years

Megan Schulz	3/15/2010
Laura Simon	4/14/2010
Sue Corrigan	6/22/2010
Ruby Baracy	11/16/2010

Twenty-Five Years

Katrina (Katie) Allen	1/18/2000
Duane Schneider	4/3/2000

Thirty Years

Jenniffer Efaw	8/14/1995
----------------	-----------

DAILY NEWS

Since 1854 — News from Montcalm County and Ionia County, Michigan

Mid-Michigan District Health Department receives grant to expand dental care

🔊 [Open Audio Article Player](#)

By The Daily News Staff
on November 05, 2025

0:00 / 0:00



The Mid-Michigan District Health Department (MMDHD) has been awarded a grant from the Delta Dental Foundation (DDF) to purchase a van for travel, enabling expanded dental care for students in Clinton, Gratiot, Montcalm, and Shiawassee counties. — Submitted photo

Submitted by the Mid-Michigan District Health Department

The Mid-Michigan District Health Department (MMDHD) has been awarded a grant from the Delta Dental Foundation (DDF).

...



The grant dollars have been used to purchase a van for travel, enabling expanded dental care for students in Clinton, Gratiot, Montcalm, and Shiawassee counties.

“This grant has helped us reach even more students across our region,” says Shelley Treynor, MMDHD’s oral health coordinator. “Having a van dedicated to our oral health programs means spending less time coordinating logistics and more time helping kids and connecting families with care.”

The purchase of the van will result in increased storage and hauling capabilities and a recognizable brand identity. This grant also expands dental coverage into Shiawassee County schools, which are not in MMDHD’s jurisdiction.

“Taking dental care on the road is just one way we can address barriers to care,” says Holli Seabury, executive director of the DDF. “Vans like these are helping hygienists statewide deliver more preventive dental care to children and families.”

The MMDHD has served the residents of Clinton, Gratiot, and Montcalm counties since 1966.

The DDF is a nonprofit, charitable organization established in 1980, which serves as the philanthropic arm of Delta Dental of Michigan, Ohio and Indiana. The DDF is dedicated to developing and enhancing partnerships and programs to improve oral and overall health and health equity. For more information, visit deltadental.foundation.com.

Related Stories by The Daily News

[Go To The Community Section](#)

AILY NEW AILY NEW AILY NEW

Memorial donations made to White Pine District Library

Here are memorial donations recently made to White Pine District Library....

Memorial donations made to White Pine District Library

Here are memorial donations recently made to White Pine District Library....

Moolenaar’s office now accepting internship applications, opportunities begin in January

The office of Congressman John Moolenaar is currently accepting applications for internship positions available in Caledonia, Clare and Washington, D.C. The...

[Load More](#)



Mid-Michigan District Health Department November 2025 Newsletter

Happy November! Just like that.. 2026 is right around the corner. Absolutely crazy to think about, but before 2026 comes, we get to go through the Holiday Season! We of course have Thanksgiving this month. For me, it is a time for family, football, and of course, delicious food.

Okay, so for this month, we have a great newsletter with some excellent information. We'll start off by talking about the flu shot, then move into some Thanksgiving food safety measures, followed by a few reasons to be thankful for public health this year! Hint, we are public health ;). We'll let you know about our ACE Award recipient, and finish it off with our upcoming Holiday closure on Thursday and Friday, November 27th and 28th. So with that, I hope you enjoy this month's newsletter!

-Brady Guilbault, MMDHD Public Information Officer

Schedule Your Flu Shot Today!

It is recommended that anyone 6 months of age and older get vaccinated, particularly people who are at a high risk for flu complications. This includes people 65 years and older, young children, and people with chronic conditions such as asthma or heart disease. Individuals who care for or live with these high-risk populations also should get vaccinated.

The 2024-2025 flu season was intense, with high levels of activity and hospitalizations across the country. Somewhere between 47-82 million people fell ill, causing an estimated 27,000-30,000 deaths. The flu vaccine is

updated for the 2025-2026 season and is now available at many workplaces, hospitals, clinics, pharmacies and other locations.

The best way to reduce your risk from seasonal flu and its potentially serious complications is to get a flu vaccine every year!



MMDHD Health Officer, Liz Braddock receiving the Flu & COVID-19 shots!

[Click HERE to schedule your flu shot with us today!](#)

Thanksgiving Food Safety

One of my favorite things about Thanksgiving is the turkey. I prefer it over ham, and (depending on the day) sometimes even chicken! It is important to note, however, turkey and its juice can be contaminated with germs that can make you and your family sick. Raw turkey can have [Salmonella](#), [Clostridium perfringens](#), [Campylobacter](#), and other germs. Whether you're cooking a whole bird or a part of it, such as the breast, you should take special care to prevent food poisoning.



[Safely store, thaw, handle, cook, and reheat your turkey.](#)

Store turkey properly

Frozen raw turkey should be stored in the freezer until you are ready to thaw it. Make sure your freezer is at 0°F or below. Don't store a turkey in a place where you can't closely monitor the temperature, such as in a car trunk, a basement, the back porch, or in snow.

Thaw turkey safely

Use one of these methods to thaw your turkey:

- Thaw your turkey in the refrigerator. Keep your turkey in its original wrapping and place it in a container before putting it in the refrigerator. The container will prevent the turkey juice from dripping on other food. Allow about 24 hours of thawing for each 4 to 5 pounds of turkey. A turkey thawed in the refrigerator can remain in the refrigerator once it's been thawed for 1 to 2 days before cooking.
- Thaw your turkey in cold water. Be sure your turkey is in a leakproof plastic bag before you place it in the sink. The bag will prevent the turkey juice from spreading in the kitchen. The bag also will prevent the turkey from absorbing water, which could make your cooked turkey runny. Make sure to completely cover your turkey with cold tap water. Change the water every 30 minutes. Allow about 30 minutes of thawing for each pound of turkey. A turkey thawed in cold water must be cooked immediately after thawing.
- Thaw your turkey in the microwave. Follow the microwave manufacturer's instructions for thawing your turkey. A turkey thawed in the microwave must be cooked immediately after thawing.

Never thaw your turkey by leaving it out on the counter. A turkey must thaw at a safe temperature. When a turkey stays out at room temperature for more than 2 hours, its temperature becomes unsafe even if the center is still frozen. Germs can grow rapidly in the "danger zone" between 40°F and 140°F.

Handle turkey correctly

Raw turkey and its juice can contaminate anything they touch. Be sure to handle your turkey correctly to prevent harmful germs from spreading to other food or your family and friends.

- [Wash your hands](#) with soap and water for at least 20 seconds before and after handling turkey.
- Use one cutting board for raw turkey and a separate cutting board for produce, bread, and other foods that won't be cooked.
- Never place cooked food or fresh produce on a plate, cutting board, or other surface that held raw turkey.
- Wash cutting boards, utensils, dishes, and countertops with hot soapy water after preparing raw turkey and before you prepare the next item.

Cook turkey thoroughly

To roast a turkey in your oven, set the oven temperature to at least 325°F. Place the completely thawed turkey in a roasting pan that is 2 to 2-1/2 inches deep. [Cooking times](#) depend on the weight of the turkey and whether it is stuffed.



Make sure your turkey reaches a safe internal temperature of 165°F. Use a food thermometer to check in three places, avoiding bone: (1) thickest part of the breast, (2) where body and thigh join, aiming toward thigh, and (3) where body and wing join, aiming toward wing.

Take care of leftovers

- [Refrigerate leftovers](#) at 40°F or colder within 2 hours of cooking to prevent food poisoning. Refrigerate leftovers that have been exposed to temperatures higher than 90°F, like in a hot car, within 1 hour.
- If you are refrigerating a big cut of meat, such as a turkey or roast, cut it into smaller pieces so they cool quickly. You do not need to wait until food is cool to store it in the refrigerator or freezer.
- Eat cooked turkey and dishes made with it, such as soup or a casserole, within 3 to 4 days. Freeze leftovers to store them for longer.
- Reheat all leftovers to at least 165°F before serving or eating.

5 Reasons to be Thankful for Public Health

This Holiday season, there is plenty to be thankful for. Family, friends, or maybe even your favorite sports team. One thing to be thankful for this year, is public health! The Association of State and Territorial Health Officials (ASTHO) highlights and celebrates public health's

vital role ahead of [Public Health Thank You Day](#) on Monday, November 24. Here are the top five reasons to be thankful for public health:



1. Preventing illness before it reaches you

Every day, public health professionals work to stop diseases before they spread. Vaccines are estimated to have prevented over one million deaths in U.S. children born in recent decades, according to the [Centers for Disease Control and Prevention](#). This includes diseases like influenza, measles or whooping cough.

2. Keeping your food and water safe

Public health systems monitor and protect the food you eat and water you drink. In the U.S., nearly 1 in 6 people, or about 48 million, contract a foodborne illness [each year](#). Strong food and water safety measures reduce the risk of getting a foodborne illness. So,

when you turn on your tap or buy groceries, know that public health efforts have likely kept those items safe for you to consume.

3. Responding quickly during emergencies

Whether it's a pandemic, a major hurricane, wildfire or other disaster, public health teams are often on the front lines assisting with the response by sharing vital information and helping protect communities. While preparedness can't prevent every incident, public health planning, surveillance, and response can help save lives when disaster strikes.

4. Protecting the air, water and environment around you

Poor air quality, contaminated water, lead exposure and disease-carrying insects all pose threats. In the U.S., millions of people live in areas rated as having [unhealthy levels of ozone or particle pollution](#). Public health efforts that monitor and reduce these hazards mean fewer people may suffer from asthma attacks, heart disease, cancers and other conditions.

5. Using data and science to help guide decision-makers

Research, surveillance and data guide nearly every public health initiative. [Studies show](#) that every dollar invested in public health saves about \$14 in medical and social costs. In many ways, public health supports economic stability and effective resource utilization.

MMDHD ACE Award

The ACE (Achievement, Character, Excellence) Award is given to employees who have gone above and beyond what is expected, and demonstrated achievement, character and excellence in their work.

MMDHD is proud to recognize our 2025 Quarter 4 ACE Award recipient, Krishna Santana!



MMDHD Holiday Closure

The Mid-Michigan District Health Department will be closed on Thursday, November 27th & Friday, November 28th for the Holiday. Offices will reopen Monday, December 1st.



For emergencies during this closure, please call:
(989) 276-0260.



Mid-Michigan District
HEALTH DEPARTMENT
CLINTON • GRATIOT • MONTCALM

Follow MMDHD on Social Media!



MID-MICHIGAN DISTRICT HEALTH DEPT. | 615 N State St | Stanton, MI 48888-9702 US

[Unsubscribe](#) | [Update Profile](#) | [Our Privacy Policy](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!